



Welcome

T O O R E G O N

Oregon has been supporting bicycling since 1971 by developing bikeways throughout the state. Thousands of bicyclists enjoy the natural beauty of the Oregon Coast Bike Route annually. For the most part, it follows US Highway 101 as a shoulder bikeway. In several areas, the route departs from the main highway and follows county roads and city streets. These sections are closer to the ocean, are more scenic, and have lower traffic volumes and slower traffic speeds.

The total length of the signed bike route is 370 miles (595 km). It can be lengthened to 380 miles (610 km) by taking the alternate Three Capes Scenic Route. On average, most cyclists take six to eight days to tour the coast, by cycling 50 to 65 miles (80 to 105 km) per day. This is a reasonable rate, due to the mountainous nature of the coast: the total rise and fall is close to 16,000 feet (4900 m).

It is highly recommended that you cycle in a north to south direction, if your trip is planned between May and October, as the prevailing winds blow from the northwest. Most points of interest and viewpoints are on the ocean side. The Department of Transportation has concentrated most of its widening improvements on the southbound shoulder. The green and red colored lines on the map indicate the general shoulder widths.

Before you plan your next trip, visit us at www.odot.state.or.us/techserv/bikewalk/ for the most current map.



Bike Route Signing

The entire route has been signed. The above sign is located at all intersections where the bike route departs from the main highway, and at key locations along bypasses to guide cyclists through these areas. "BIKES ON ROADWAY" warning signs have been placed along some stretches of roadway where the shoulder is narrow; motorists are therefore forewarned of the possible presence of bicyclists.

Tips for a Safe Ride

Please: ride carefully, be courteous to other roadway users, and follow the rules of the road.

In Oregon, bicyclists are required to follow the same rules as motorists insofar as they apply; ride with the normal traffic flow, as far to the right side of the roadway as practicable. Bicyclists may ride two abreast, but should only do so when it is safe and will not impede traffic.

When riding after dark, the bicycle or its rider must be equipped with a white light visible at least 500 feet to the front and a red light or reflector visible at least 600 feet to the rear.

In addition to the above rules, we offer these suggestions:

- Wear bright or light-colored clothing.
- Don't ride in heavy fog. (In summer and fall, the fog usually lifts by late morning.)
- Wear a helmet.
- Stop off the roadway.
- Beware of strong wind gust on bridges: either ride on the roadway, or walk on the sidewalk.
- The two tunnels on the route have "Bicycles in Tunnel" warning lights installed for your protection; they can be activated by pushing a button at the entrance.

Lodging

Cyclists can choose between camping, hotels or bed and breakfasts. Reservations are highly recommended for hotel rooms in the summer months.

Many campgrounds are equipped with "Hiker-Biker" sites. They provide a place to set up a tent away from the conventional campsites, yet are still close to showers and rest room facilities. The fee is \$4 per person per night.

NOTE: Campgrounds may display a "Campground Full" sign when the conventional sites are all occupied; please inquire with the attendant as to availability of Hiker-Biker sites.

For additional information on campgrounds and state parks, contact:

OREGON STATE PARKS

725 Summer Street NE, Salem, OR 97301-1271

(503) 986-0650 ! www.prd.state.or.us/

Reservations Northwest at (800) 452-5687

or read their publication

OREGON PARKS & HERITAGE GUIDE

Weather

Oregon is generally blessed with mild weather. During the main summer bicycling season, temperatures rarely exceed the eighties, and can even be as cool as the mid-fifties. Fog in the morning is fairly common, and always pack rain gear! Winds can be quite strong and steady, so plan your direction of travel accordingly. Winter storms can get blustery, so caution is urged when cycling at this time of year.

The best cycling experiences are usually from late August to early October, as the combination of moderate temperatures, north winds, low precipitation and reduced highway traffic creates nearly ideal conditions.

For up-to-date long-term weather forecasts, consult this website: www.tripcheck.com/

Oregon Coast Weather

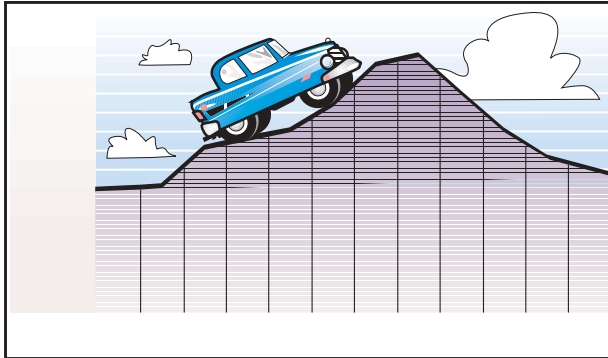
M O N T H L Y A V E R A G E

CONDITION	JAN - MAR	APR - JUNE	JULY - SEPT	OCT - DEC
TEMPERATURE	45° (7°C)	53° (12°C)	59° (15°C)	50° (10°C)
PRECIPITATION	11.9" (30.2 CM)	3.6" (9.1 CM)	1.4" (3.6 CM)	10" (25.4 CM)
DAYS OF MEASURABLE RAIN	19	13	7	17

Traffic Data

The following table indicates general variations in seasonal highway traffic. The Oregon Coast is popular with all travelers, and in many places the highway is the only route available for commercial transport. Tourist traffic drops off significantly after Labor Day.

AVERAGE DAILY TRAFFIC



Commercial Transportation

Many touring cyclists include the Oregon Coast as part of a larger tour, by cycling in from Washington and continuing on through to California. Others come to Oregon just to ride the coast.

If you fly into Portland, you may consider riding to Astoria, along the Columbia River. The distance is about 95 miles. The ride is mostly flat, with a few long hills. Or you may travel by commercial bus, if your bicycle is in a box.

In Brookings, there is a bike shop that will provide a bicycle box for free, or pack it for you for \$25, so you can take a commercial bus back to your point of origin. Contact: Escape Hatch, 642 Railroad Street, Brookings OR, 97415; (541) 469-2914 or (800) 495-2453. If you want to begin or end your trip in Florence, Bicycles 101, located at Hwy 101 and 8th St, will receive your boxed bike, or for a fee of \$35 they will box it for shipment. For details call: (541) 997-5717.

If you plan to accomplish part of your journey using buses or trains, you may obtain the Oregon Inter City Passenger Timetables by calling (503) 986-3300.

If you drive to Astoria, long-term parking is available at the Visitor Information Center, 111 W Marine Drive (503) 325-6311.

Should you decide to cycle only part of the coast, or wish to do a loop tour, many of the highways leading inland from the coast provide scenic bicycling opportunities. Contact the Bicycle and Pedestrian Program Office for more information and a copy of the OREGON BICYCLING GUIDE.

Other Publications

MAPS:

OREGON BICYCLING GUIDE
OREGON HIGHWAY MAP
Oregon Department of Transportation
Transportation Building Salem, OR 97301
or call (503) 986-3556

or via internet website:

www.odot.state.or.us/techserv/bikewalk

LODGING:

WHERE TO STAY IN OREGON
Oregon Lodging Association
12724 SE Stark Street, Portland, OR 97233
(503) 255-5135 ! www.oregonlodging.com

OREGON TOURISM COMMISSION
www.traveloregon.com

BOOKS:

There are several excellent books available that will help you enjoy your trip more. They describe in detail the history, culture and natural landmarks associated with the Oregon Coast.

BICYCLING THE PACIFIC COAST
Tom Kirkendall & Vicky Spring
Published by The Mountaineers

BICYCLING THE OREGON COAST
Robin Cody
Published by Umbrella books

Please contact your local bookstore or library for more information.

Comments or suggestions are appreciated; please contact:

BICYCLE/PEDESTRIAN PROGRAM MANAGER
OREGON DEPARTMENT OF TRANSPORTATION
355 Capitol St NE, Transportation Building, Salem, OR 97301

phone: (503) 986-3555

e-mail: michael.p.ronkin@odot.state.or.us

website: www.odot.state.or.us/techserv/bikewalk

Index to Parks, Waysides and Campsites

Legend

- County or City Park
- National Park Service
- State Safety Rest Area
- State Park, Scenic Viewpoint, Recreation Site, or Natural Area
- U.S. Forest Service

(NOTE: Distances are from city centers)

CAMPING
HOT SHOWERS
HIKER-BIKER CAMPING
YURTS & CABINS

● 1 Fort Stevens	10 mi. W of Astoria	●	●	●	●
● 2 Fort Clatsop	*5 mi. SW of Astoria				
● 3 Cullaby Lake	6 mi. N of Seaside				
● 4 Kloochy Creek	5 mi. SE of Seaside	●			
● 5 Ecola	*2 mi. N of Cannon Beach				
● 6 Tolovana Beach	1 mi. S of Cannon Beach				
● 7 Arcadia	3 mi. S of Cannon Beach				
● 8 Hug Point	5 mi. S of Cannon Beach				
● 9 Oswald West	10 mi. S of Cannon Beach	●			
● 10 Nehalem Bay	*3 mi. S of Manzanita Junction	●	●	●	●
● 11 Barview	2 mi. N of Garibaldi	●	●		
● 12 Kilchis	*8 mi. NE of Tillamook	●			
● 13 Cape Meares	*10 mi. W of Tillamook				
● 14 Oceanside	*1 mi. W of Tillamook				
● 15 S Tillamook Rest Area	4 mi. S of Tillamook				
● 16 Netarts Bay	*8 mi. SW of Tillamook				
● 17 Cape Lookout	*12 mi. SW of Tillamook	●	●	●	●
● 18 Sand Beach	*9 mi. N of Pacific City	●			
● 19 Whalen Island	5 mi. N of Pacific City	●			
● 20 Cape Kiwanda	1 mi. N of Pacific City				
● 21 Bob Straub	Pacific City				
● 22 Neskowin Beach	At Neskowin				
● 23 Neskowin Creek	5 mi. S of Neskowin	●			
● 24 D River	At Lincoln City				
● 25 Devils Lake	At Lincoln City	●	●	●	●
● 26 Gleneden Beach	7 mi. S of Lincoln City				
● 27 Fogarty Creek	2 mi. N of Depoe Bay				
● 28 Boiler Bay	1 mi. N of Depoe Bay				
● 29 Depoe Bay	At Depoe Bay				
● 30 Rocky Creek	2 mi. S of Depoe Bay				
● 31 Otter Crest	10 mi. N of Newport				
● 32 Otter Crest Rest Area	10 mi. N of Newport				
● 33 Devil's Punchbowl	8 mi. N of Newport				
● 34 Beverly Beach	7 mi. N of Newport	●	●	●	●
● 35 Agate Beach	1 mi. N of Newport				
● 36 Yaquina Bay	Newport, N of Yaquina Bay Bridge				
● 37 South Beach	2 mi. S of Newport	●	●	●	●
● 38 Lost Creek	7 mi. S of Newport				
● 39 Ona Beach	8 mi. S of Newport				
● 40 Seal Rock	10 mi. S of Newport				
● 41 Driftwood Beach	3 mi. N of Waldport				
● 42 Gov. Patterson	1 mi. S of Waldport				
● 43 Beachside	3 mi. S of Waldport	●	●	●	●
● 44 Tillicum Beach	6 mi. S of Waldport	●			
● 45 Smelt Sands	1 mi. N of Yachats				
● 46 Yachats (2 areas)	At Yachats				
● 47 Cape Perpetua	2 mi. S of Yachats	●			
● 48 Neptune	3 mi. S of Yachats				
● 49 Rock Creek (2 areas)	10 mi. S of Yachats	●	●		

*Indicates off route

Legend

- County or City Park
- National Park Service
- State Safety Rest Area
- State Park, Scenic Viewpoint, Recreation Site, or Natural Area
- U.S. Forest Service

(NOTE: Distances are from city centers)

CAMPING
 HOT SHOWERS
 HIKER-BIKER CAMPING
 YURTS & CABINS

● 50 Muriel Ponsler	16 mi. N of Florence	●	●	●	●
● 51 Carl Washburne	14 mi. N of Florence	●	●	●	●
● 52 Heceta Head	13 mi. N of Florence	●	●	●	●
● 53 Darlingtonia	5 mi. N of Florence	●	●	●	●
● 54 Sutton Lake (3 areas)	6 mi. N of Florence	●	●	●	●
● 55 Sutton Lake	5 mi. N of Florence	●	●	●	●
● 56 Siuslaw Harbor Vista	*4 mi. NW of Florence	●	●	●	●
● 57 Jessie M. Honeyman	3 mi. S of Florence	●	●	●	●
● 58 Siltcoos (2 areas)	7 mi. S of Florence	●	●	●	●
● 59 Carter Lake (2 areas)	9 mi. S of Florence	●	●	●	●
● 60 Lost Lake	12 mi. N of Reedsport	●	●	●	●
● 61 Tahkenitch Lake	9 mi. N of Reedsport	●	●	●	●
● 62 Elbow Lake	9 mi. N of Reedsport	●	●	●	●
● 63 Windy Cove/Salmon	At Winchester Bay Harbor (4 areas)	●	●	●	●
● 64 Umpqua Lighthouse	6 mi. S of Reedsport	●	●	●	●
● 65 William M. Tugman	8 mi. S of Reedsport	●	●	●	●
● 66 Eel Creek (2 areas)	15 mi. N of North Bend	●	●	●	●
● 67 Bluebell Lake (2 areas)	*3 mi. NW of North Bend	●	●	●	●
● 68 Bastendorf Beach	*11 mi. SW of Coos Bay	●	●	●	●
● 69 Sunset Bay	*12 mi. SW of Coos Bay	●	●	●	●
● 70 Shore Acres	*13 mi. SW of Coos Bay	●	●	●	●
● 71 Cape Arago	*14 mi. SW of Coos Bay	●	●	●	●
● 72 Seven Devils	*10 mi. N of Bandon	●	●	●	●
● 73 Bullards Beach	2 mi. N of Bandon	●	●	●	●
● 74 Face Rock	1 mi. SW of Bandon	●	●	●	●
● 75 Bandon	5 mi. S of Bandon	●	●	●	●
● 76 Cape Blanco	*9 mi. N of Port Orford	●	●	●	●
● 77 Battle Rock	At Port Orford	●	●	●	●
● 78 Humbug Mountain	6 mi. S of Port Orford	●	●	●	●
● 79 Ophir Rest Area	9 mi. N of Gold Beach	●	●	●	●
● 80 Geisel Monument	7 mi. N of Gold Beach	●	●	●	●
● 81 Otter Point	4 mi. N of Gold Beach	●	●	●	●
● 82 Cape Sebastian	7 mi. S of Gold Beach	●	●	●	●
● 83 Thomas Creek	7 mi. N of Brookings	●	●	●	●
● 84 Boardman (Whaleshead)	4 mi. N of Brookings	●	●	●	●
● 85 Brookings Rest Area	2 mi. N of Brookings	●	●	●	●
● 86 Harris Beach	2 mi. N of Brookings	●	●	●	●
● 87 Azalea	At Brookings	●	●	●	●

*Indicates off route

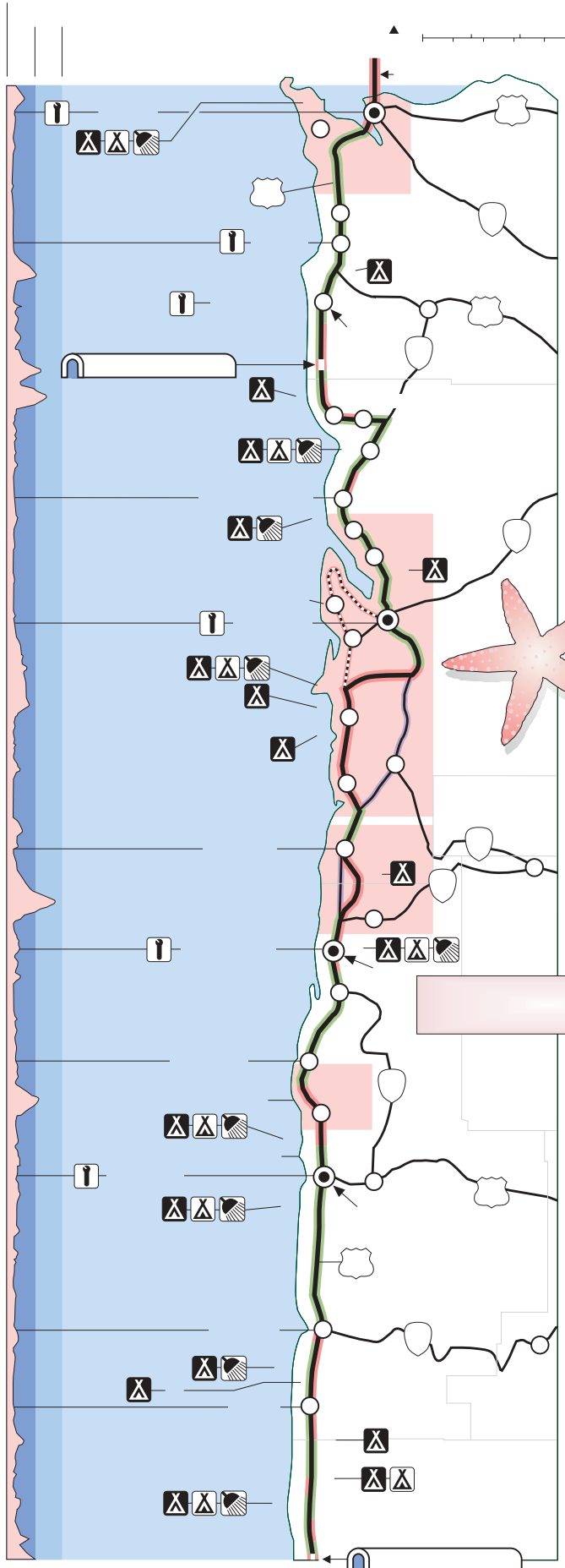
Websites

The internet sites listed below can provide you with additional information to make your ride along the Oregon coast an enjoyable and well-informed one.

- Tourism: www.traveloregon.com/index.cfm
 Astoria: www.el.com/to/astoria/
 Cannon Beach: www.el.com/to/cannonbeach/
 Tillamook: www.tillamookchamber.org/
 Lincoln City: www.oregoncoast.org/
 Newport: www.discovernewport.com/

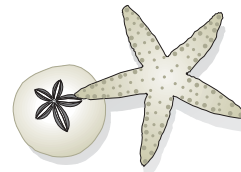
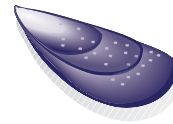
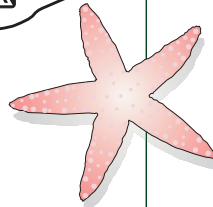
- Waldport: www.ohwy.com/or/w/waldport.htm
 Yachats: www.el.com/to/yachats/
 Florence: www.el.com/to/florence/
 North Bend: www.scod.com/cities/northbend/
 Coos Bay: www.scod.com/cities/coosbay/
 Bandon: www.bandon.com/
 Port Orford: www.portorfordoregon.com/
 Gold Beach: www.el.com/to/goldbeach/
 Brookings: www.brookings.or.us/

Oregon Coast Bike Route



Legend

	Shoulder width 3 feet or greater
	Shoulder width less than 3 feet
	Section of Hwy 101 NOT on Bike Route
	Alternate Route
14	Wayside, Park or Campsite (see chart pages 4 and 5)
	Hot shower available
	Bicycle shop or repair facility available
	Campground
	Campground with Hiker-Biker sites (see <i>LODGING</i>)
	See maps pgs 8 to 13 for enlargement of shaded areas



Distance and Elevation:

- DISTANCE – Left column:** Numbers represent the distance in miles of the main bike route (no alternates) from the Washington to California state lines.

DISTANCE – Right column: Numbers represent the actual signed mile posts along Hwy 101 (white numbers on green background).
- ELEVATION:** The vertical exaggeration makes grades appear to be steeper than they are. Use this information for general planning, such as determining daily trip lengths.

